



Ayurveda & Yoga Retreat

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1. PANCHAKARMA PACKAGE (Minimum stay : 11 nights)

Room Type	Single Occupancy	Double Occupancy
Deluxe Room	` 14,800	23,000
Superior Room	` 15,800	25,000

Inclusions: Stay in well appointed room, Veda5 Panchkarma prescribed meals (Breakfast, Lunch, Dinner + Evening Tea), Ayurveda doctor Consultation and daily Panchakarma treatment (90 min), Scheduled wellness activities: Daily Yoga, Meditation, Temple Trek, Airport transfers.

2. YOGA & AYURVEDA (TREATMENT) PACKAGE

Room Type	Per Person	Double Occupancy
Deluxe Room	` 14,300	22,000
Superior Room	` 15,600	24,000

Inclusions: Stay in well appointed room, Veda5 vegetarian cuisine meals (Breakfast, Lunch, Dinner + Evening Tea), Doctor Consultation and daily Ayurvedic treatment (90 Min), Ayurveda lectures/cooking classes, half day excursion once a week, cultural program on weekends, Scheduled wellness activities: Daily Yoga, Meditation session, Temple Trek, Airport transfers. (Minimum stay: 7 nights)

*Package 2 can be customised as per requirement of the guest and doctors advice (i) **Ayurveda Detox package** (ii) **Stress management package** (iii) **Weight loss package**. The rates are same as above for these packages (Minimum stay 7 nights)

3. AYURVEDA REJUVENATION PACKAGE

Room Type	Per Person	Double Occupancy
Deluxe Room	` 13,600	19,500
Superior Room	` 14,600	22,000

Inclusions: Stay in well appointed room, Veda5 vegetarian cuisine meals (Breakfast, Lunch, Dinner+ Evening Tea), Ayurveda doctor Consultation and 1 hour daily treatment/massage, ayurveda cooking class, half day excursion, cultural program on weekends, Scheduled wellness activities: Daily Yoga, Meditation session, Temple Trek. (Minimum stay 3 nights)

4. ROOM AND FOOD ONLY RATES

Room Type	Single Occupancy	Double Occupancy
Deluxe Room	` 10,000	11,500
Superior Room	` 11,000	12,500

Inclusions: Stay in well appointed room, Veda5 vegetarian cuisine meals (Breakfast, Dinner+ Evening Tea), 15% discount on Ayurvedic treatments.

— For Advanced Yoga Teacher Training Retreat please contact for customized packages.

Note: Priority shall be given to guests with Package 1 & 2 for treatments.

Package 4 guests can book Ayurvedic treatments only at the time of check-in

Applicable taxes extra. Prices are valid for stay till 31st December, 2019.